



London Southend Airport Mental 'Elf' achieves £10K target

London Southend Airport, 16th December 2021: London Southend Airport has successfully raised over £5,000 for charity partner, South East and Central Essex (SECE) Mind following a Mental 'Elf' event on the runway.

The £5,000 will be match funded by the airport's parent company, Esken, meaning over £10,000 will be donated to SECE Mind.

The event took place last week with over 50 members of the public joining airport employees in an attempt to complete 54 miles - the SECE Mind boundary around the South East and central Essex area - the total is now in and a staggering 393.16 miles were completed!

MP James Duddridge joined the runners on the runway, "I would like to congratulate everyone who took part in the Mental Elf Event on Wednesday, clocking up a combined total of 393.16 miles! It certainly was a cold morning, but I soon warmed up after the first lap.

I am pleased to see London Southend Airport has now raised more than £5,000 for South East and Central Essex Mind - helping to support local people with their mental health."

Caroline Grant, CEO, SECE Mind, "The event was a huge success, and it was a truly unique experience to join participants on the runway to help raise awareness of mental health.

SECE Mind supports residents across Essex and the fundraising will make a huge difference to so many, from dedicated local projects such as supported housing to counselling sessions and awareness."

Glyn Jones, CEO London Southend Airport, "Thank you to all who took part, donated and of course our volunteers, without whom, the event couldn't have taken place.

Our charity partnership with SECE Mind has offered valuable opportunities to raise awareness of mental health and the partnership has already delivered some fantastic campaigns for both airport employees and the community. We look forward to building on these successes in the new year".

To make a donation please visit <https://www.justgiving.com/campaign/LSA-SECEMind>

ENDS

Images available at

<https://www.flickr.com/photos/189855364@N08/albums/72157720230857347>

Please see image credits via the link – majority to credit Photographer Patrick Crowley who kindly donated his services for the event.

Georgina Pavelin
Head of Communications
Stobart Aviation
Georgina.pavelin@southendairport.com



ABOUT LONDON SOUTHEND AIRPORT

London Southend Airport is consistently ranked the best London airport by consumer group Which? It was also voted best UK airport (under three million capacity) by the Airport Operator's Association in 2019.

Serving close to 2.3 million passengers in 2019, London Southend offered services to around 40 domestic and European cities. The terminal has its own railway station, less than 100m from its entrance, with up to six trains an hour to central London, taking just 52 minutes to Liverpool Street. All airport car parks are located minutes from the terminal entrance.

The impact of coronavirus has resulted in reduced operations and schedule changes. Latest flight information is available via airlines directly. London Southend Airport has introduced new safety measures to create a biosphere within the terminal, from hand sanitiser every 20 paces to new security equipment; significant investments have been made to protect employees and passengers.

More at www.southendairport.com

Twitter [@southendairport](https://twitter.com/southendairport)

Facebook [@LondonSouthendAirport](https://www.facebook.com/LondonSouthendAirport)

Instagram [@londonsouthendairport](https://www.instagram.com/londonsouthendairport)

Linked in [London Southend Airport](https://www.linkedin.com/company/london-southend-airport)